



**Youngevity®
Be Healthy**

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ULTIMATE YOUTH™

Ultimate Youth™ is comprised of green superfoods formulated to provide your body with the nutritional elements essential for optimal health. Green foods, such as spirulina, wheat grass juice, and cracked cell chlorella, contain the nutrients our bodies require, working as a buffer against the excesses of environmental toxins, while superfoods pack the dual power of the sun and earth's natural energy in their very essence, allocating it abundantly



Item# 50197 - 450 Grams

and requiring very little for digestion and assimilation! As we rid our diets of processed foods and red meat, and integrate more green foods, fresh vegetables, and fruits, green superfoods become the valuable bridge for the body to make necessary transformations.



Supplement Facts

Serving Size: 1 scoop (15 grams)

Servings Per Container: 30

Amount per Serving		% Daily Value†
Calories		50
Calories from fat		9
Total fat	1 g	2%
Saturated fat	0 g	
Total carbohydrates	9 g	3%
Dietary Fiber	5 g	20%
Sugars	0 g	
Protein	2 g	4%
Thiamine		4%
Niacin		4%
Vitamin B-6		2%
Phosphorus		4%
Magnesium		6%
Manganese		40%
Proprietary Fiber Blend	11,100 mg	**
Flaxseed (organic)		
Rice Bran Complex		
Oat Bran (organic)		
Acacia Gum (organic)		
Cinnamon Bark	700 mg	**
Proprietary Greens-Veggie Blend	500 mg	**
<small>(made with organic ingredients)</small>		
<small>Alfalfa Juice, Wheat Grass Juice, Barley Grass Juice, Oat Grass Juice, Cabbage, Broccoli, Kale, Parsley, Spirulina, Cracked Cell Chlorella, Kelp, Dulse, Dandelion Greens, Broccoli Sprouts, Carrot, Tomato, Cucumber, Spinach, Celery, Cauliflower, Green Bell Pepper, Asparagus, Brussels Sprouts, Onion, Garlic and Ginger.</small>		
Proprietary Fruit-Berry Blend	500 mg	**
<small>(made with organic ingredients)</small>		
<small>Apple, Grape, Grapefruit, Orange, Pineapple, Lemon, Lime, Cherry, Watermelon, Pear, Mango, Strawberry, Papaya, Tangerine, Apricot, Cranberry, Bilberry, Blueberry, Elderberry and Raspberry.</small>		
FOS (fructooligosaccharides)	225 mg	**
Probiotic Blend	125 mg	**
<small>(L. Acidophilus, B. Bifidum, B. infantis) 1.25 billion cfu***</small>		
Larch Arabinogalactin Gum (Larix spp.)	100 mg*	**

Does not contain a significant source of Vitamin A, Vitamin C, Calcium or Iron.
 †Percent Daily Values are based on a 2,000 calorie diet
 **Daily Value not established
 ***Colony Forming Units (at time manufactured)

† % Daily Value based on a 2,000 calorie diet for adults and children over four
 ** Daily Value not established

Other Ingredients: Natural Chai Flavor, Natural Vanilla Flavor and Lo Han Gou Fruit Extract.

Flaxseed contains essential fatty acid; Rice Bran contains phytosterols.